



21 August /Augustus 2024

Dear Parents

EP Super Rugby

Sunridge is hosting the semi-finals with all three of our rugby teams playing for a spot in the finals. These matches, like all other matches, are subject to the rules and regulations of the specific sports code. We cannot interfere with match officials and they can request that anyone breaking the rules leave the premises - as a school we will comply and assist them.

Rules on the field of play and what players do or say is also under the jurisdiction of the match officials, irrespective of any view or opinion. The school rules apply at all times.

Only coaches can address any unhappiness with the match officials via a written report to the applicable forum. We are proud that the vast majority of our parents respect this and although they sometimes disagree they behave responsibly and refrain from making unwanted comments or disrespectful behavior.

“Two wrongs do not make a right” applies and as always, the one who retaliates is the one who will pay the price. It is the right thing to do and we expect everyone to keep to the high moral ground. Sunridge parents are well known for their compassion and moral values. Let us not give in to the few and keep them to our standard. Please step in and calm them down and support them should they have a vulnerable or weak emotional moment.

In accordance with Boksmart rules and regulations, we will cordon off our fields. Only officials accredited for the match and with Boksmart accreditation will be allowed on the field of play. We have appointed Boksmart accredited officials to assist with monitoring spectators.

We humbly request all parents to assist on the day - enjoy the match and let us build relationships and friendships for the future. We all want to win BUT we need to do so with respect and our moral responsibility. We need to respect that there will be losers and we need to deal with it irrespective of any matters outside of our control.

Last Saturday we saw learners and parents shed a tear because they had played/ supported their last match for Sunridge. Emotions of enjoyment and camaraderie are worth more than the result of the match.

Should you struggle with your emotions, I can assure you that sitting on the pavilion is the best place to be. Bring your pillow, hat, sunglasses, rain jacket and take your seat on the pavilion to enjoy the game. The coaches have done what they can to prepare their players - it is now up to the players and the match officials to decide on the outcome on the field of play.

Thank you for living the Sunridge values and for keeping the high moral ground!

SUNRIDGE FOR THE FUTURE

Sunshine greetings
M DE VRIES
Principal



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Geagte Ouers

OP- Superrugby

Ons speel gasheer vir die semi-finale wedstryde hier by Sunridge – **al drie rugbyspanne ding mee om ‘n plek in die finaal.** Hierdie wedstryde, soos alle ander wedstryde, is onderworpe aan die reëls en regulasies van die spesifieke sportkode. Ons kan nie met wedstrydbeamptes inmeng nie en hulle kan versoek dat enigiemand wat die reëls oortree, die terrein verlaat. Ons, as skool, sal aan die versoek moet voldoen en hulle ondersteun.

Reëls op die speelveld en wat spelers doen of sê, val ook onder die jurisdiksie van die wedstrydbeampte, ongeag enige ander sienswyse of mening. Die skoolreëls geld te alle tye.

Slegs afrigters mag enige ongelukkigheid met die wedstrydbeamptes aanspreek d.m.v. ‘n skriftelike verslag aan die toepaslike forum. Ons is trots op die feit dat die oorgrote meerderheid van ons ouers dit respekteer, en hoewel hulle soms nie saamstem nie, tree hulle verantwoordelik op en weerhou hulle van ongevraagde kommentaar of oneerbiedige gedrag.

“Twee maal verkeerd is nie reg nie” is die wagwoord, en soos altyd, sal die een wat reageer die prys betaal. Dit is die regte ding om te doen en ons verwag van almal om die stilswye te handhaaf. Sunridge-ouers is bekend vir hul deernis en morele waardes. **Ons durf nie toelaat dat ‘n paar mense veroorsaak dat ons standaarde in die stof byt nie. Help asseblief om hulle te kalmeer en ondersteun indien hulle ‘n kwesbare of swak emosionele oomblik beleef.**

In ooreenstemming met Boksmart-reëls en regulasies sal ons ter ondersteuning ‘n kordon om ons velde span. **Slegs beamptes wat vir die wedstryd geakkrediteer is en in besit is van ‘n Boksmart-akkreditasie**, sal op die speelveld toegelaat word. Ons het Boksmart-geakkrediteerde beamptes aangestel om te help om die toeskouers te monitor.

Ons rig ‘n nederige versoek aan ouers om ons op die dag te help, geniet die dag en kom ons bou verhoudings en vriendskappe vir die toekoms. Ons wil almal graag wen, MAAR ons moet dit met respek en binne ons morele verantwoordelikheid doen. Daar moet verloorders wees, ons moet dit respekteer en hanteer, ongeag enige sake buite ons beheer.

Ons het verlede Saterdag gesien hoe leerders en ouers ‘n traan stort tydens hul laaste wedstryd vir Sunridge. Emosies van vreugde en kameraderie is meer werd as die uitslag van die wedstryd.

Indien u sukkel om u emosies te beheer, kan ek u verseker dat die pawiljoen die beste plek is om te wees. Bring ‘n kussing, hoed, sonbril en reënjas en neem u plek op die pawiljoen in om die wedstryd te geniet. Die afrigters het hulle kant gebring, die spelers het voorberei en nou is hulle en die wedstrydbeamptes verantwoordelik vir die uitkoms tussen die vier lyne.

Dankie dat u Sunridge se waardes uitleef en die stilswye handhaaf!

SUNRIDGE VIR DIE TOEKOMS

Sonskyngroete

M DE VRIES

Skoolhoof



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FACEBOOK!

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FACEBOOK!

LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

BIATHLE: Anke-Mari Roets represented the Eastern Cape at the SA Biathle Championships where she met the qualifying standards and has been selected for the SA Modern Pentathlon Association's Biathle team to compete in Said Egypt.

GYMNASTICS: Eastern Cape Woman's Artistic Gymnastics: Mareli le Roux u/13 Level 4 - 2nd for Free dance, 3rd for clubs and 3rd overall. Kelly Fourie Level 4 (10 years) - 2 gold and 1 silver medal and was placed 1st overall. Mareli and Kelly have been selected to represent the Eastern Cape team at Gymnastics South Africa's Gym Games competition.

SHOOTING: Corne du Toit results - ECPSSA 6th League: 50m Unlimited - 2nd Place, 25m Light Varmint - 2nd Place, 25m Heavy Varmint - 1st Place. ECSAPSSA 2nd Provincial 2024 - Light Varmint 25m 3rd Place, Heavy Varmint 25m 3rd Place, Unlimited Class 50m 3rd Place.

KARATE: Erin Bentz represented EP at the South African Goju-kai Karate Championships in Bloemfontein and won a bronze medal in her division (Girls 10/11 Yrs) for Kumite.

SWIMMING: Madibaz Gala: Bellamé Mostert - gold medals for 100m breaststroke and medley relay, silver medals for 100m freestyle, 200m breaststroke, freestyle relay, mixed relay & ladder relay, bronze medals for 50m freestyle & butterfly. André Strydom - silver medal for 50m breaststroke, bronze medals for 100m backstroke, 100m freestyle, 100m butterfly, 200m freestyle, 50m backstroke & 200m IM. Jacques Claassen - gold medal for 50m backstroke and silver medals for 100m & 200m backstroke.



Support our Sunridge golf day!
Exciting news!

Efficient insure sponsors the following prize towards our golf day: R100 000 for the first hole-in-one (T&C apply)

Remember, any Sunshine Family member can contribute!!



ANY CASH DONATIONS WELCOME!

R1000+ CASH DONATION:
child's name and/or business logo on display banner
(complete form on link)

MARKETING OPPORTUNITIES STILL AVAILABLE!!

Anel @ anel.ferreira@ninetyone.com or Lizelle @ l.farchitects@hotmail.com

The prefects hope to see you there on Friday, 30 August
Be part of this fun event!



SAVE THE DATE
The Eastern Cape junior Children's Choir presents
Sing a Song with Louis Looch

Date: 19 September 2024
Venue: Word of Faith Christian Centre
Time: 18:30



The link to buy tickets:
<https://qkt.io/BWLW01>

Thank you to all our sponsors



Johan van Rensburg



Thank you to all our sponsors



Enrico Els

Grant Hartney



Thank you to all our sponsors



Louis Fourie



WEBER INDUSTRIES
SOLID WOOD FURNITURE

Thank you for your cash donations

Marlien en Lianie Grobler

Christiaan Barnard



ANY CASH DONATIONS WELCOME!

R1000+ CASH DONATION:
child's name and/or business logo on display banner

PHOTO GALLERY / FOTOGALERIJ



KNOW YOUR STAFF

Staff Member: *Lizelle Carelse*

Early Life: I was born in Port Elizabeth and moved to Durban in 2005 where we lived for 14 years. I was in Gelofte Skool from Grades 1 to 12. I moved back to Port Elizabeth after I matriculated in December 2019 and started studying at UNISA.

Family Life: I got married to my lovely husband, Joshua on the 23rd of March 2024. We have two “furbabies”: a 4-year-old pug named Bella and a 14-year-old cocker spaniel named Monty.

Career Life: I started working at Sunridge Primary School fresh out of high school as an intern student in January 2020 while studying through UNISA. I quickly learned the ropes of teaching and used each opportunity to better myself. In term 3 of 2023, I got my Grade 7 register class.

Accomplishments: My biggest accomplishment is that I know what I want from life and each day we are still learning about ourselves. I taught myself how to play the guitar. I am very proud of myself for finishing my studies whilst working full time – it was no easy task. My family says I make the best chocolate cupcakes (might be biased, but I believe it’s true).

Interesting facts about yourself: Pringles are my favourite sort of chip. Quality time is one of my love languages – I love spending time with my loved ones. I love the winter. My favourite food is sushi.

Please answer the following questions:

- 1. What was your favourite TV show when growing up?** Haha, whatever my brother was watching! Probably Spongebob or Good luck Charlie..
- 2. Do you have any strange phobias?** Goggas – sies!
- 3. Are you addicted to any strange hobbies/activities?** Not that I can think of – just addicted to things that make me happy.
- 4. If you could have any one superpower, which would you choose?** To be able to teleport.
- 5. What is the first thing you notice about people?** Their hands.
- 6. What was the worst punishment you received in school?** Writing out.
- 7. What or who are you a secret fan of?** I am becoming a big Marvel fan, thanks to my husband.
- 8. What are the three things you still want to do in your life?** Become a mother, travel the world, bungee jump.
- 9. What is the worst pet you have ever had?** None – I have loved every pet I’ve ever had.
- 10. What do you prefer?** **A. Beach** or Bush **B. Braai** or Pizza **C. Winter** or Summer **D. Movies** or **Series**



KNOW YOUR STAFF

Staff Member: *Stefan Verwey*

Early Life: I was born and raised in Port Elizabeth and have lived all my life in this wonderful place we call the friendly/ windy city. I've been living in Port Elizabeth for 22 years. I attended Lorraine Primary school and then went on to attend Framesby High school and matriculated in 2016.

Family Life: I recently got married to my beautiful wife Gustel and we have a 3 month old dachshund named Bean.

Career Life: After I finished my school career in 2016 I went on to become an intern student at Sunridge Primary from 2017-2020. After finishing my degree at Unisa I was given the opportunity to become a computer teacher at Sunridge for about a year. The following year I became a register teacher for a Gr 7 English class. I am in my 7th year at Sunridge since starting as a student in 2017.

Accomplishments: One of my accomplishments was obtaining my degree in education and also marrying my best friend.

Interesting facts about yourself: I write, kick and throw right handed but play cricket and golf left handed.

Please answer the following questions:

1. **What was your favourite TV show when growing up?** The Simpsons.
2. **Do you have any strange phobias?** I have a fear of dark deep water and it's called *Thalassophobia*. I think it originates from all the shark movies I watched as a kid growing up.
3. **Are you addicted to any strange hobbies/activities?** I have an addiction to football and any news about football, especially the English Premier league.
4. **If you could have any one superpower, which would you choose?** Super strength.
5. **What is the first thing you notice about people?** How they treat other people.
6. **What was the worst punishment you received in school?** I was sent home from primary school after a bunch of friends and I were caught skateboarding in the passages!
7. **What, or who, are you a secret fan of?** Sport cars, especially old American muscle cars
8. **What are the three things you still want to do in your life?** Watch a match at Stamford Bridge in London, visit Japan and South Korea to enjoy their cuisine and bungee jump.
9. **What is the worst pet you have ever had?** All the pets I've had were amazing.
10. **What do you prefer?** A. Beach or Bush B. Braai or Pizza C. Winter or Summer D. Movies or Series



Mnr/Mej Sonskynkaar tjies - Mr/Miss Sunshine tickets

MMS-kaartjies is by die skoolkantoor te koop van
06:30 tot 14:30 daaglik (Vrydae tot 13:00).

MMS tickets are on sale at the school office from
06:30 until 14:30 every day (Fridays until 13:00).



RUGBY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A			
U/13B	WESTERING	7 - 14	NATHAN MCGONIGILE
U/13C			
U/11A	WESTERING	17 - 6	NAUDE MEIRING
U/11B	WESTERING	32 - 7	DUHANN PETTIT
U/11C	WESTERING	53 - 0	WIHAN ERASMUS
U/11D			
U/9A	WESTERING	38 - 0	BRAYDEN VOGEL
U/9B			
U/9C			
U/8 BLUE	WESTERING	3 - 1	LUCAS ZEELIE
U/8 ORANGE	WESTERING	8 - 1	LOGAN BEKKER
U/7 BLUE	WESTERING	5 - 0	LULONKE DUNGA
U/7 ORANGE	WESTERING	13 - 2	LUKE ANDERSON



NETBALL			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	WESTERING	28 - 0	NIANÉ POTGIETER
U/13B	WESTERING	13 - 2	LIZE-MAREE DE JONGH
U/13C			
U/12A	WESTERING	27 - 0	LIKA VAN DER MERWE
U/12B			
U/12C			
U/11A	WESTERING	11 - 0	ANÉ HEFER
U/11B	WESTERING	12 - 0	KIANÉ HERION
U/11C			
U/10A			
U/10B			
U/10C			
U/9A			
U/9B			
U/8A			
U/8B			
U/7A			
U/7B			



BOYS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A	WESTERING	1 - 1	JACK BOWLES
U/14B	WESTERING	0 - 6	KEAGAN OOSTHUIZEN
U/14C			
U/14D			
U/11A	WESTERING	4 - 3	TY REDLINGHUIS
U/11B	WESTERING	0 - 0	CODY SAAIMAN
U/9A	WESTERING	4 - 10	ADAM CAMERON
U/9B	WESTERING	1 - 5	WIHAN VAN ROOYEN
U/8A			
U/8B			
U/7A			

GIRLS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A	WESTERING	0 - 2	AMALIA VAN DER WESTHUIZEN
U/14B	WESTERING	1 - 2	ABBYGAIL DE LANGE
U/14C	WESTERING	0 - 1	RILEY JACOBS
U/14D			
U/11A	WESTERING	1 - 0	CYPRUS NICHOLAS
U/11B			
U/10A	WESTERING	1 - 3	LACEY-JO SHARKIE
U/10B	WESTERING	4 - 1	KARA STRYDOM
U/10C	WESTERING	0 - 1	ZARIA BHIKA
U/10D	WESTERING	4 - 2	HANNAH ELLIS
U/9A	WESTERING	2 - 2	LUZAY GERBER
U/9B	WESTERING	4 - 1	LIANÉ CHAMBERS
U/9C	WESTERING	2 - 2	PEYTON TROLLIP
U/9D	WESTERING	2 - 1	LYNN-MARI BARNARD
U/8A	WESTERING	2 - 0	CHARLIE HERMAN
U/8B	WESTERING	2 - 0	EMMA-LEIGH PIENAAR
U/7A	WESTERING	5 - 0	CASEY LOFTIE-EATON
U/7B	WESTERING	5 - 2	CAIRO NICHOLAS



TENNIS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST TEAM MIXED	WESTERING	18 - 2	STEFAN VAN MOLENDORFF
2ND TEAM MIXED	WESTERING	20 - 0	JANA GUTTHATER



CHESS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
SENIOR	WESTERING	4 - 3	JOHRNE PRINSLOO
SENIOR	GREY	0 - 7	QUINN ERWEE

AUGUST SPECIALS

XL6 FROM ONLY **R4899*** PER MONTH
1.5 GL

INCLUSIVE
R10 000 WORTH OF GENUINE SUZUKI ACCESSORIES



Models shown may vary from actual stock

Tavcor 

10% DEPOSIT REQUIRED / 35% BALLOON
T.B.C. applies A & B. Tavcor Motor Group (Pty) Ltd. an authorised financial services provider (FSP No. 35231)

Jimny FROM ONLY **R6999*** PER MONTH
5-door 1.5 GL

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Models shown may vary from actual stock

Tavcor 

0% DEPOSIT REQUIRED / 48 MONTHS / GUARANTEES FUTURE VALUE
T.B.C. applies A & B. Tavcor Motor Group (Pty) Ltd. an authorised financial services provider (FSP No. 35231)

Baleno FROM ONLY **R3899*** PER MONTH
1.5 GL

INCLUSIVE
WIND DEFLECTORS AND ALLOY WHEELS FITTED



Models shown may vary from actual stock

Tavcor 

10% DEPOSIT REQUIRED / 35% BALLOON
T.B.C. applies A & B. Tavcor Motor Group (Pty) Ltd. an authorised financial services provider (FSP No. 35231)

Swift FROM ONLY **R3519*** PER MONTH
1.2 GL

INCLUSIVE
WIND DEFLECTORS AND ALLOY WHEELS FITTED



Models shown may vary from actual stock

Tavcor 

10% DEPOSIT REQUIRED / 35% BALLOON
T.B.C. applies A & B. Tavcor Motor Group (Pty) Ltd. an authorised financial services provider (FSP No. 35231)

PRICE LIST 2024

NEW ITEMS FOR SALE	PRICE
BLAZERS	R630.00/ R655.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R310.00 / R430.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R265.00/ R295.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R30.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12)	R70.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L , XL, 2XL)	R195.00 / R210.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL ,2XL)	R195.00/ R210.00
RIPSTOP JACKETS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R360.00/ 450.00
RIPSTOP PANTS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R270.00/ R315.00
GIRLS PT SHORTS	R160.00 / R175.00
BOYS PT / RUGBY SHORTS	R170.00 / R180.00
GIRLS HOT PANTS	R100.00
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R85.00
POLAR FLEECE BLANKETS	R175.00
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R210.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R255.00
RAMBLE SCHOOL BAG BRANDED	R720.00
RAMBLE SCHOOL BAG UNBRANDED	R700.00
LETTER LADY JUNIOR BAG	R410.00 (sold out)
SPORT TOG BAG	R310.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R80.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R60.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R85.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R85.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R60.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R60.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R295.00/ R305.00
RUGBY JERSEYS (SUBLIMATED)	R380.00/ R390.00
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	R300.00/ R305.00
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	R230.00/ R240.00
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	R300.00/ R305.00
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	R220.00/ R230.00

TERMS AND CONDITIONS

- DEBIT OR CREDIT CARD PAYMENTS
- ALL PRICES SUBJECT TO CHANGE - PRICES ABOVE VALID WHILE STOCKS LAST
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- 30 DAY EXCHANGE POLICY