



19 April 2024

Dear Parents

One of our aims to support our learners is to create opportunities for them. Fourteen thousand five hundred and thirty-nine learners in South Africa entered the S.A. Computer Olympiad - our entries represented 3,9% of this total and we received 3,6% of the total medals awarded: 153 Bronze, 86 Silver and 30 Gold awards.

In perspective 153 learners did better than 50% of the participants countrywide, 86 learners did better than 79% of the participants countrywide and 30 learners did better than 93% of the participants countrywide.

Although we can say well done, we must strive to do even better. **With a team effort our computer lab's will endorse even better skills.** We are working on a new service delivery with regard to coding.

#### Discipline

**Children will make mistakes and teachers will deal with it. Accept your child's mistakes and work with us to put corrective measures into place.** We do not condemn but must educate. Yes, teachers also make mistakes as do parents BUT we are not talking about that.

Dictating the outcome or blaming the teacher or other learners is not the way forward. Screaming on social media will not get you the outcome you want nor will it change the channels to be followed or what your child have done.

#### Winning

Schools claim that they foster a culture of winning and that they grow winners. It is sad to hear how teams then get strengthened with bursaries offered to learners from other schools to fill a gap in their team squads. The idea on high school level is already troublesome BUT the fact that some primary schools have bought into this practice, is of great concern. Is it a case of buying winners because winning had become everything?

At Sunridge we have not and will not take part in this. We coach and teach what is in front of us and should we get beaten or outscored we will accept it and work harder or smarter. This is something I respect in our coaches and is a value that must be taught.

Money cannot buy loyalty, character or morality. Let us do the right thing and support our children irrespective of the outcome. **Let us embrace moderate, fair, and positive expectations in line with our children's ability and not our expectations.**

We are proud of each and every learner who represents Sunridge - the music learners had a wonderful evening with excellent talent and development. Playing netball in style, the u/13A girls won the gold medal at the Amanda Lingenfelder Fast Five. Well done Sunridge!

**"The secret of life, though, is to fall seven times and to get up eight times." Paulo Coelho**

Sunshine greetings

A handwritten signature in blue ink, appearing to read "M de Vries".

M DE VRIES  
Principal



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Geagte Ouers

Ons glo aan die skep van geleenthede om ons leerders te ondersteun. Veertienduisend vyfhonderd nege-en-dertig leerders in Suid-Afrika het aan die SA-Rekenaarolimpiade deelgeneem. Ons inskrywings was 3,9% van die totaal en ons het 3,6% van die totale aantal medaljes verower – 153 Brons, 86 Silwer en 30 Goud.

In perspektief: 153 leerders het beter as 50% van deelnemers landwyd presteer, 86 leerders het beter as 79% van deelnemers landwyd gevaar en 30 leerders het beter as 93% van deelnemers landwyd gedoen.

**Hoewel ons kan sê “knap gedaan”, moet ons steeds daarna strew om beter te presteer. Met ‘n spanpoging sal vaardighede selfs beter geslyp word in die rekenaarlaboratoriums. Ons werk nou aan ‘n nuwe diensleweringprojek met betrekking tot kodering.**

#### Dissipline

Kinders sal foute maak en onderwysers sal dit hanteer. Aanvaar u kind se foute en werk saam met ons om regstellende maatreëls in plek te plaas. Ja, onderwysers maak ook foute, net soos ouers, maar ons praat nie nou daarvan nie.

**Om die uitkoms vooruit te loop of die onderwyser en ander leerders te blameer, is nie hoe ‘n mens die pad stap nie. Om sosiale media te betrek, sal nie die uitkoms wat u verlang, teweeg bring nie en nog minder sal dit die kanale wat gevolg moet word of dit wat u kind gedoen het, verander.**

#### Op die wenpad

**Skole beweer dat hulle ‘n wenkultuur aanmoedig en dat dit wenners oplewer. Dit is so hartseer om te hoor dat spanne versterk word deur beurse aan leerders van ander skole te bied, om ‘n leemte in hul spanne die hoof te bied. Op hoërskoolvlak is die idee reeds kommerwekkend, MAAR die feit dat laerskole dit ook doen, is selfs meer rede tot kommer. Is dit ‘n geval van wenners koop, want ons moet ten alle koste wen?**

Ons by Sunridge sal en wil nie deel daarvan wees nie. Ons rig af en onderrig wat voor ons is en indien ons dan nie wen nie, **werk ons harder en slimmer. Dit is iets wat ek in ons afrigters respekteer en dit is ‘n waarde wat ingeskerp moet word.**

Geld kan nie lojaliteit, karakter of moraliteit koop nie. Kom ons doen die regte ding en ondersteun ons kinders, ongeag die uitkoms. Kom ons koester matige, billike en positiewe verwagtinge in ooreenstemming met ons kind se vermoë en nie ons verwagtinge nie.

**Ons is trots op elke enkele leerder wat Sunridge verteenwoordig. Die musiekleerders het ‘n heerlike aand gehad met uitstekende talent en ontwikkeling, terwyl die netbalmeisies die goue medalje by die Amanda Lingenfelder Fast Five ingepalm het. Knap gedaan, Sunridge!**

**“The secret of life, though, is to fall seven times and to get up eight times.” Paulo Coelho**

Sonskyngroete



M DE VRIES  
Skoolhoof



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## LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.  
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

**DANCING:** Ahlba de Wit received a distinction in the RAD level 1 graded examination in dance: Grade 2 Ballet.

**KARATE:** Jack le Roux won a gold medal for Kata at the 2024 WUKF South African National Championships & Afro Asia Open.

**JUDO:** Lincoln Ferreira placed 2nd in the under 9 yellow belt division at the NMBM district judo competition.

**SWIMMING:** Bellamé Mostert represented the Eastern Cape at the SA National Aquatic Championships/ Olympic trials.

**INDOOR CRICKET:** The following learners represented EP at the SA National Indoor cricket championships - Kian Roberson, Schalk Kemp & Ty Redlinghuis.

**MODEL CAR RACING:** Nathan and Jordan Johnson participated at the SAMCA 2024 SA Nationals. Nathan attained 1st position for Productions 24 Juniors and OG12 Juniors while Jordan attained 2nd place in both events.

**BADMINTON:** Richard Botha played in the EP Badminton u13 Regional Tournament. He won the Boys-Singles, was placed 3rd in the Boys Doubles and Consolation Winner Mixed Doubles.

**EQUESTRIAN:** Chloe Vorster competed in the April Autumn Show 2024. She placed 1st in Class 22 - Pony Competition in 2 phases, jumping 60cm.

## WINNERS AMANDA LINGENFELDER FAST 5



### LEARNER ACHIEVEMENTS FOR NON-SCHOOL ACTIVITIES

Please send your child's achievements and results, within one week, on the official letterhead of the sport or activity, to Mrs Gardner (wendy@sunridge.co.za). For National or Provincial representation the official letter of selection must be sent to school - recognition will only be given after the competition has taken place and the official results received.

### LEERLINGPRESTASIES VIR NIE-SKOOLAKTIWITEITE

Stuur asseblief u kind se prestasies en resultate, op die amptelike briefhoof, binne een week vanaf die sport of aktiwiteit aan mev. Gardner (wendy@sunridge.co.za). Vir Nasionale of Provinsiale verteenwoordiging moet die amptelike keuringsbrief aan die skool gestuur word – erkenning sal slegs gegee word nadat die kompetisie plaasgevind het en amptelike resultate ontvang is.



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## PHOTO GALLERY / FOTOGALLERY





# KNOW YOUR STAFF

Staff Member: *Caron van der Mescht*

**Early Life:** I grew up in Port Elizabeth and actually went to Sunridge Pre-Primary School and then to Sunridge Primary School. I joined a local dance school and did modern and tap dancing. I went to Alexander Road High School. Once I matriculated I went on to study B.Prim.ED at the then University of Port Elizabeth.

**Family Life:** I had two wonderful parents who always stood by me and supported me. I have one brother, who is a copy-writer. I have been married for just over twenty years. I actually met my South African husband in the UK and we got married on a holiday back to SA. I have three children. My twin boys, Gerritt and Dirk and a daughter Gennevieve. All three have completed school and are starting their adult lives.

**Career Life:** I started teaching in England. I did a lot of Supply teaching before deciding to get a more permanent position in London. When I returned to South Africa, I got a teaching position at Sunridge Primary School in 2010.

**Accomplishments:** Greatest accomplishment – definitely being a mom. It is so rewarding to see your kids grow up and start following their dreams and goals.

**Interesting facts about yourself:** So, as I said before, I went to Sunridge Primary School as a kid. I still have my Sunridge school dress from the end of Standard 5 (Grade 7) that the teachers and my friends wrote on and signed. I love jewellery and scarves, I have quite a big ear ring and scarf collection.

**Please answer the following questions:**

- 1. What was your favourite TV show when growing up?** When I was really small, I enjoyed Gummy bears and then when I was a bit older, Full house.
- 2. Do you have any strange phobias?** Heights and snakes.
- 3. Are you addicted to any strange hobbies/activities?** I enjoy sorting and rearranging things in my home. My dressing table always looks different.
- 4. If you could have any one superpower, which would you choose?** To manipulate time so that I can have more hours in some days and less hours in other days.
- 5. What is the first thing you notice about people?** Their smile.
- 6. What was the worst punishment you received in school?** 'Writing out' the Sunridge school rules.
- 7. What, or who, are you a secret fan of?** Craig Groeschel of Life Church in America
- 8. What are the three things you still want to do in your life?** Travel some more with my husband, do major alterations to my home and visit family and friends overseas.
- 9. What is the worst pet you have ever had?** I love/d all my cats and dogs, each with their own unique personalities.
- 10. What do you prefer?** A. Beach or Bush B. Braai or Pizza C. Winter or Summer D. Movies or Series



# KNOW YOUR STAFF

Staff Member: *Debbie Cornforth*

**Early Life:** I had a few different childhood home towns. Port Elizabeth, Grahamstown, Knysna, Uitenhage and then back to Port Elizabeth. I started my school career at Knysna Primary, moving on to Riebeek College and ending off at Alexander Road High. My sister, brother and I had happy childhood years and my parents, who have been married for 51 years, gave us a wonderful start to life.

**Family Life:** Stuart and I have been married for 20 years and we have two children, Matthew and Erin, in Grade 10 and Grade 7.

**Career Life:** I studied teaching and then Remedial Education at UPE. After that, I started my teaching career in London, where I was lucky enough to get a permanent position for 5 years at a wonderful school. On returning to South Africa, I took up a Grade 5 position at Greenwood Primary, before getting a permanent job in Grade 2 at Mount Pleasant Primary, where I stayed for 9 years. With young children, and wanting more time with them, I resigned and did a few temp teaching jobs at various schools in those years, as well as home-schooling a child and doing remedial therapy from home. In 2017, I started teaching in Grade 1 at Sunridge Primary.

**Accomplishments:** At school, some academic achievements, and I was chosen as Deputy Head Girl at Riebeek College. In my adult life, my most special and rewarding accomplishments come from raising our two children.

**Interesting facts about yourself:** I love music, any kind, and could never do without it. I play the piano and played some other instruments at school too, but wish I could play more. I love the mountains, fresh air and just being in nature. Our family loves to camp, not crowded campsites, but isolated in the middle of nowhere kind of camping with good friends and big campfires.

**Please answer the following questions:**

- 1. What was your favourite TV show when growing up?** I honestly cannot remember and was not a big TV watcher.
- 2. Do you have any strange phobias?** Closed spaces and deep-sea ocean
- 3. Are you addicted to any strange hobbies/activities?** I am addicted to taking photo's of the sky in all its various shades and forms. Sunrises, sunsets, stormy clouds etc.
- 4. If you could have any one superpower, which would you choose?** To go back in time and relive all my favourite moments.
- 5. What is the first thing you notice about people?** If they are friendly or not. .
- 6. What was the worst punishment you received in school?** Needing to stand up and read a note out to the whole class that was being passed between my friend and I in maths class.
- 7. What, or who, are you a secret fan of?** People that rise above their circumstances, and create a better life for themselves and their families than what they have grown up with.
- 8. What are the three things you still want to do in your life?** Travel, travel and travel some more.
- 9. What is the worst pet you have ever had?** Luckily no bad pets at all.
- 10. What do you prefer?** **A. Beach or Bush** - Both (and mountains and farm and forest....) **B. Braai or Pizza** - neither for the type of food, but braai for the vibe. **C. Winter or Summer** **D. Movies or Series**



RUGBY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	KABEGA	17 - 18	STIAN RAUBENHEIMER
U/13B	SUMMERWOOD	54 - 0	FRANCO ENGELBRECHT
U/13C	CLARENDON	51 - 15	IVIWE ZULU
U/11A	KABEGA	10 - 5	KADEN NORTJE
U/11B			
U/11C	CLARENDON	15 - 10	CONNOR CALLAGHAN
U/9A	KABEGA	22 - 0	RIANCO BEKKER
U/9B	LORRAINE	0 - 40	LUCAS ZEELIE
U/9C	LORRAINE 8A	15 - 17	LINCOLN FERREIRA
U/8 BLUE			
U/8 ORANGE			
U/7 BLUE			
U/7 ORANGE			

NETBALL			
TEAM			
U/13A	BLUEWATER BAY	26 - 0	EMMA FERREIRA
U/13B			
U/12A	BLUEWATER BAY	21 - 0	PEYTON NORTJE
U/12B			
U/11A	ALTONA	10 - 3	JANA EHLERS
U/11B	ALTONA	5 - 2	CATHERINE DOUBELL
U/10A	ALTONA	5 - 2	KELLY FOURIE
U/10B	ALTONA	3 - 1	SAVANNAH MATTHEE
U/9A	ALTONA	2 - 4	RIEKE JOOSTE
U/9B	ALTONA	3 - 1	ALRI GERBER
U/8A			
U/8B			

AMANDA LINGENFELDER FAST 5 NETBALL			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	SUMMERWOOD	10 - 2	KARIEN FERREIRA
	ALTONA	16 - 0	EMMA FERREIRA
	CHARLO	11 - 5	NIANé POTGIETER



RUGBY ~ CHARLO SPORT DAY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	SETTLERS PARK	5 - 12	HANNO WINTER
U/13A	GAMTOOS VALLEY	43 - 0	JAYDEN SASS
U/13A	STULTING	10 - 10	RUAN JACOBS
U/13A	KABEGA	10 - 12	SOMELEZE FATA
U/11A	SONOP	29 - 0	BRAYDIN HALGREEN
U/11A	NEWTON PARK	15 - 5	WESSEL JORDAAN
U/11A	VERKENNER	19 - 0	NAUDE MEIRING
U/11A	ALTONA	34 - 7	WESSEL JORDAAN
U/11A	KABEGA	12 - 5	FLIPPIE SMIT
U/11A	DR VILJOEN	37 - 0	KADEN NORTJE
U/8 BLUE	CHARLO A	5 - 2	LUCAS ZEELIE
U/8 BLUE	COLLEGE HILL A	8 - 1	LIAM VINK
U/8 BLUE	CHARLO B	6 - 2	PHUMELELA QIQIMANA
U/8 BLUE	COLLEGE HILL B	1 - 2	JOHANRE BENEKE
U/8 ORANGE	COLLEGE HILL B	1 - 5	MALACHI BOOYSEN
U/8 ORANGE	CHARLO A	1 - 6	JADEN KOCK
U/8 ORANGE	COLLEGE HILL A	3 - 1	LUCIANO HEWITT
U/8 ORANGE	CHARLO B	4 - 1	LIAM STRACHAN
U/7 BLUE	COLLEGE HILL 2	1 - 4	WILLEM GREEFF
U/7 BLUE	CHARLO 2	0 - 4	JAY VAN ROOYEN
U/7 BLUE	COLLEGE HILL 1	7 - 1	LEHAN VAN NIEKERK
U/7 BLUE	CHARLO 1	1 - 5	JORDAAN VICTOR
U/7 ORANGE	CHARLO 1	2 - 2	BEN ZEHMKE
U/7 ORANGE	CHARLO 2	2 - 4	BEN ZEHMKE
U/7 ORANGE	COLLEGE HILL 1	12 - 0	HUGO GRIMBEEK
U/7 ORANGE	COLLEGE HILL 2	6 - 2	MASON THERON

BOYS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A			
U/14B			
U/11A			
U/11B			

GIRLS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A			
U/14B			
U/14C			
U/11A			
U/11B			
U/10A			
U/10B			
U/9A			
U/9B			
U/8A			
U/8B			
U/7A			
U/7B			

CHARLO SPORT DAY ~ NETBALL			
TEAM			
U/13A	STULTING	8 - 4	EMMA FERREIRA
U/13A	MT PLEASANT	11 - 1	NIANÉ POTGIETER
U/13A	ALTONA	12 - 3	NIANÉ POTGIETER
U/13A	VERKENNER	10 - 3	KARIEN FERREIRA
U/13A	LORRAINE	9 - 3	JANA VAN RENSBURG
U/13A	CHARLO	5 - 3	NIANÉ POTGIETER
U/11A	MT PLEASANT	5 - 0	JANA EHLERS
U/11A	SUMMERWOOD	4 - 5	ANé HEFER
U/11A	WALMER WEST	3 - 0	KARIEN VAN RENSBURG
U/11A	CHARLO	2 - 7	KAYTEM JONCK
U/8A	CHARLO	4 - 0	LIANCé DICKS
U/8A	COLLEGE HILL	0 - 0	CHARLIE HERMAN
U/8A	VERKENNER	6 - 0	JANCKE VAN LOGGERENBERG
U/8B	COLLEGE HILL	0 - 2	JANA VORSTER
U/8B	CHARLO	4 - 0	LIANé MULLER





## PRICE LIST 2024

NEW ITEMS FOR SALE	PRICE
BLAZERS	R630.00/ R655.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R310.00 / R430.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R265.00/ R295.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R30.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12)	R70.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L , XL, 2XL)	R195.00 / R210.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL ,2XL)	R195.00/ R210.00
RIPSTOP JACKETS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R360.00/ 450.00
RIPSTOP PANTS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R270.00/ R315.00
GIRLS PT SHORTS	R160.00 / R175.00
BOYS PT / RUGBY SHORTS	R170.00 / R180.00
GIRLS HOT PANTS	R100.00
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R80.00
POLAR FLEECE BLANKETS	R175.00
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R210.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R255.00
RAMBLE SCHOOL BAG BRANDED	R720.00
RAMBLE SCHOOL BAG UNBRANDED	R700.00
LETTER LADY JUNIOR BAG	R410.00 (sold out)
SPORT TOG BAG	R310.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R80.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R60.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R85.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R85.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R60.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R60.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R295.00/ R305.00
RUGBY JERSEYS (SUBLIMATED)	R380.00/ R390.00
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	R300.00/ R305.00
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	R230.00/ R240.00
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	R300.00/ R305.00
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	R220.00/ R230.00

## TERMS AND CONDITIONS

- DEBIT OR CREDIT CARD PAYMENTS
- ALL PRICES SUBJECT TO CHANGE - PRICES ABOVE VALID WHILE STOCKS LAST
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- 30 DAY EXCHANGE POLICY