



SUNRIDGE

1 November 2024

Dear Parents

We regularly warn about social media and the threats that our children face on a daily basis. Paying attention to it is important and our basic rule that cellphones are not allowed at school remains in force.

Due to only a few learners transgressing these safety rules and regulations (for which we are very grateful) we sometimes forget to enforce them. Our foundation phase regularly emphasize these at school - you do not talk to strangers, you never go with them and you do not get into a car with anyone. We also emphasize that learners may only go outside the gate or away from it when the person who fetches them is there. The rule that if after 15 minutes they have not been fetched they must come back onto the premises and go to the waiting area, has also been addressed.

Although these transgressions are less that 1% it is still too many for us. Please speak to your child often about this matter - it is your responsibility, supported by us.

A big problem is learners who go to the waiting area and stay there for a long time. It was never intended for it to be an aftercare or a place where children can hang around for hours. Our rule is that all children need to be picked up within 15 minutes after school. We understand there will sometimes be challenges and we allow 30 minutes as an exception to the rule.

A few parents frequently misuse this exception and as it is their mistake we do not discipline the child. However, we are now obliged to add it to our disciplinary system, to compile a record for the authorities. Frequent misuse is neglect and we will treat it as such.

Parking on yellow and red lines or in the road is causing havoc and is an accident waiting to happen. Parking or waiting in front of gates and in driveways causes great unhappiness with our neighbors. We asked nicely that parents park further away and walk to fetch your children. As our request has fallen on deaf ears and violations continue to occur, we have been in contact with the authorities and they have requested we take photos of the offenders.

The above applies to 2% of our parents and we are extremely grateful to the remaining 98% who make our lives so much easier. It is an honour to serve well mannered children with supportive parents. We look forward to the exams - just a few days left of all important revision, a few final checks and we will be ready to complete our academic year.

Audrey Hepburn said that "The most important thing is to enjoy your life – to be happy – it's all that matters." This is the absolute truth and to achieve this we need to understand how to live within the boundaries of our society, moral values, rules, policies and values.

Sunshine greetings M DE VRIES Principal











Geagte Ouers

Ons waarsku gereeld oor sosiale media en die bedreigings waarmee ons kinders daagliks te kampe het. Dit is belangrik om aandag daaraan te skenk en ons basiese reël dat selfone nie by die skool toegelaat word nie, bly van krag.

Omdat baie min leerders die basiese veiligheidsreëls oortree (hiervoor is ons baie dankbaar), vergeet ons soms om dit op te skerp. Ons grondslagfase beklemtoon dit dikwels by die skool – 'n mens praat nie met vreemdelinge nie, jy gaan nooit saam met hulle nie en jy klim nooit in 'n motor by hulle nie. Ons benadruk ook dat leerders net buite die hek of weg van die hek mag gaan wanneer die persoon wat hulle kom haal, daar vir hulle wag. Die reël dat hulle na die skoolterrein moet terugkom en na die wagarea gaan as hulle ná 15 minute nog nie gehaal is nie, word ook beklemtoon.

Hoewel oortredings minder as 1% is, is dit steeds te veel vir ons. Praat asseblief dikwels met u kind oor hierdie aangeleentheid, want dit is u verantwoordelikheid wat deur ons ondersteun word.

'n Groot probleem is egter leerders wat na die wagarea gaan en vir lank daar bly. Dit was nooit bedoel om 'n nasorg te wees of 'n plek waar kinders vir ure kan rondhang nie. Ons reël is dat alle kinders binne 15 minute ná skool gehaal moet word. Ons verstaan dat daar uitdagings mag wees en daarom laat ons 30 minute toe as uitsondering op die reël.

'n Paar ouers maak dikwels misbruik van hierdie toegewing en aangesien dit die ouers se fout en versuim is, dissiplineer ons nie die kind nie. Ons is egter nou verplig om dit by ons dissiplinêre stelsel te voeg, om 'n rekord vir die owerhede saam te stel. Gereelde misbruik is verwaarlosing en ons sal dit so hanteer.

Om op 'n geel of rooi streep of in die straat te parkeer, veroorsaak chaos en kort voor lank sal dit 'n ongeluk tot gevolg hê. Mense wat voor hekke of in opritte parkeer of wag, veroorsaak groot ongelukkigheid by ons bure. Ons vra weer mooi dat ouers asseblief verder weg parkeer en stap om u kinders te kom haal. Aangesien ons versoek op dowe ore val en oortredings steeds plaasvind, is ons in kontak met die owerhede en ons sal begin foto's neem van oortreders, soos ons versoek is om te doen.

Bogenoemde geld slegs vir 2% van ons ouers en ons is innig dankbaar teenoor die oorblywende 98%, want u maak ons lewe soveel makliker. Dit is 'n groot eer om goedgemanierde kinders met ondersteunende ouers te bedien.

Ons sien uit na die eksamen – net 'n paar dae van uiters belangrike hersiening en 'n paar finale kontrolemaatreëls, dan is ons gereed om die einde van ons akademiese jaar aan te durf.

Audrey Hepburn het gesê "The most important thing is to enjoy your life – to be happy – it's all that matters." Dit is die absolute waarheid en om dit te bereik, moet ons verstaan hoe om binne die grense van ons samelewing, morele waardes, reëls, beleide en waardes te leef.

Sonskyngroete M DE VRIES Skoolhoof











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LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

If not a school event, <u>official results</u> must be emailed to wendy@sunridge.co.za within <u>one week</u> of the event. **Indien nie 'n skoolaktiwiteit nie, moet uitslae binne** <u>een week</u> na wendy@sunridge.co.za gestuur word.

WRESTLING: SAWF National Youth and Presidents Championships - Ross Vuyk and Arabella Olivier represented Eastern Province. Arabella has also been awarded her South African colours.

CYCLING: SAICA MTB Race & Trail Run - Miané la Grange achieved 1st place in the 5km race.

BIATHLON: Inter-Provincial Biathlon - Mrs E Brits, Rieke Jooste, Tyla Grobler, Ava Els, Reghardt van Zyl, Anrich van der Westhuizen, Amalia van der Westhuizen, Hanré Vermaak, Ethan Els, Charl Geissler & Logan Jubber represented EP at the Inter-Provincial held in Port Elizabeth.











TO ADVERTISE IN THE YEAR BOOK PLEASE EMAIL MRS GARDNER wendy@sunridge.co.za

OPTIONS AND PRICES

FULL PAGE A4 COLOUR ADVERT (PORTRAIT)

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PHOTO GALLERY / FOTOGALERY































KNOW YOUR STAFF

Staff Member: Cameron Philander

Early Life: I was born and raised in Port Elizabeth, living all my life in the friendly city. I attended Kabega Park Primary School and there after Daniel Pienaar THS, where I matriculated last year.

Family Life: We are a lovely family of four, consisting of my mother, father and my two younger siblings. My mother is a Sergeant for the SAPS and my father is currently a teacher at Otto du Plessis HS. Both my siblings are still learning to speak English. I also have two "fur babies" Kai and Kouse (socks) whom are both full breed Pit bulls

Career Life: After matriculating last year I have obtained a student post at Sunridge primary and am currently studying through UNISA hoping to get my B.Ed intermediate phase teaching degree. Even though I am a beginner in this profession, I am excited for the journey ahead

Accomplishments: I was a prefect at primary school and played 1'st team in all sports offered, this continued into high school until Covid. After Covid I continued to play cricket and rugby but at the end of the cricket season I tore all my ligaments in my left ankle. The ability to play cricket the way I did was gone but the passion for the game never left.

Interesting facts about yourself: I can kick with both feet and at the age of 15/16 I could clock 130km/h when bowling.

Please answer the following questions:

- 1. What was your favourite TV show when growing up? The regular show.
- 2. Do you have any strange phobias? I do not have any.
- 3. Are you addicted to any strange hobbies/activities? I'm addicted to the sound of a new hardball on a cricket bat.
- 4. **If you could have any one superpower, which would you choose?** Batman, because he's rich
- 5. What is the first thing you notice about people? Their hair.
- 6. What was the worst punishment you received in school? My LO teacher made me do a wall-sit for 20 minutes for speaking in class.
- 7. What, or who, are you a secret fan of? Isreal Adesanya.
- **8. What are the three things you still want to do in your life?** Meet Marnus Labushagne, play cricket at the Lords, the home of cricket and to attend a UFC fight night.
- 9. What is the worst pet you have ever had? I love and adore all of them.
- 10. What do you prefer? A. Beach or Bush B. Braai or Pizza C. Winter or Summer D. Movies or Series



KNOW YOUR STAFF

Staff Member: Nikita Westraadt

Early Life: I was born and raised in PE. I went to Rowallan Park Primary School until Grade 2 and then went to Verkenner for Grade 3 - 7. I loved netball and athletics as I enjoyed running, that is until I injured my knee. I attended Framesby high school where I played tennis

Family Life: I am an only child so was very spoilt by my Ouma and Oupa and I still am spoilt by my Ouma, Mom and Dad. My mom was a stay at home mom and then looked after babies where of course I would help. It was like a little day care in our house which I enjoyed. My Dad was in the police until 2016 and was part of the K9 unit, at one point we had 10 dogs. My Mom and I always went with him to dog competitions where he mostly got gold and silver (he was truly the best). Unfortunately our family was in a car accident and my Dad suffered brain damage—all that said, we as a family are still standing strong! One of my biggest supporters is my lovely boyfriend - he is one of the greatest gifts I have ever received!

Career Life: After I matriculated in 2019 I started studying Psychology and I am proud to say I will be graduating in 2025 with my Honours Degree in Psychology. I can only thank my parents for this. I worked part-time (as I had to re-do a module) at an aftercare with special needs children and they stole my heart. After my Stats exam I decided to spread my wings and started looking for other working opportunities where I would learn more and interact with adults as a change, and here I am.

Accomplishments: My biggest accomplishment is finishing my Psychology degree even if it felt like I would drop out. I have a BA in Psychology and English Literature and soon I will have my Honours in Psychology.

Interesting facts about yourself: I use to play rugby with the boys in primary school. I love to ride horses and did so in High school. We currently have 7 dogs and are debating whether to adopt one more. I LOVE to bake and cook.

Please answer the following questions:

- **1. What was your favourite TV show when growing up?** Anything on Boomerang and Cartoon network but my favourite is and was Phineas and Ferb.
- 2. Do you have any strange phobias? I hate snakes and spiders.
- 3. **Are you addicted to any strange hobbies/activities?** Currently, gaming, baking, and I have a tendency to binge watch series in my free time.
- 4. **If you could have any one superpower, which would you choose?** 100% invisibility so that I can sneak up on people or even the ability to walk through walls and doors, that would be cool.
- 6. What is the first thing you notice about people? Definitely their eyes.
- 7. What was the worst punishment you received in school? I think it would have to be the fact that if anyone misbehaved we would have to do writing out but I have never received any punishment for myself.
- 7. What, or who, are you a secret fan of? Huge fan of Greys Anatomy and 100% a fan of Cillian Murphy/ Shania Twain/ Jack Black and Adam Sandler.
- **8. What are the three things you still want to do in your life?** Travel, get my PhD in Clinical Psych and go to an Andre Rieu performance.
- 9. What is the worst pet you have ever had? I only grew up with dogs so I can't say I have had any worst pet.
- 10. What do you prefer? A. Beach or Bush B. Braai or Pizza C. Winter or Summer D. Movies or Series



CRICKET RESULTS					
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH		
U/13A	SUMMERWOOD	Won by 124 runs	HANNO WINTER		
U/13B					
U/13B					
U/13C					
U/13D					
U/11A	SUMMERWOOD	Won by 8 wickets	NAUDE MEIRING		
U/11B					
U/11C	LORRAINE B	Lost by 6 wickets	imi xasholo		
U/10A	CLARENDON	Lost by 12 runs	WIANDRÉ MASSYN		
U/10B	AL AZHAR A	Lost by 6 wickets	DUHAN PETTIT		
U/9A HARDBALL					
U/9A MINI					
U/9B MINI					
U/8A					
U/8B					



TENNIS RESULTS					
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH		
1ST TEAM BOYS					
2ND TEAM BOYS					
1ST TEAM GIRLS					
1ST TEAM GIRLS					

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